Statistics Report 01178, Sour cream, reduced fat

Report Date: July 11, 2017 14:11 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points Std. 1	Error	Min	Max	df	LB	UB	# Studies Sour	ce NDB Ref	Last Modified
Proximates												
Water	g	71.00								Calcular or impur		02/2009
Energy	kcal	181								Calcular or impu		02/2009
Energy	kJ	757								Calcular or impu		02/2009
Protein	g	7.00								Calcula fro nutri label Nl	m nt oy	02/2009
Total lipid (fat)	g	14.10								Calcula fr nutri label Nl	m nt oy	02/2009
Ash	g	0.90								Calcular or impu		02/2009
Carbohydrate, by difference	g	7.00								Calcula fro nutri label NI	m nt	02/2009
Fiber, total dietary	g	0.0								Assum zo	ed ro	02/2009
Sugars, total	g	0.30								- Calcular or impu	01056	01/2003

Minerals

Nutrient	Unit	Value Per100 g	Data Points	l. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	141									Calculated from nutrient label by NDL		02/2009
Iron, Fe	mg	0.06									Calculated or imputed		02/2009
Magnesium, Mg	mg	11									Calculated or imputed		02/2009
Phosphorus, P	mg	85									Calculated or imputed		02/2009
Potassium, K	mg	211									Calculated from nutrient label by NDL		02/2009
Sodium, Na	mg	70									Calculated from nutrient label by NDL		02/2009
Zinc, Zn	mg	0.27									Calculated or imputed		02/2009
Copper, Cu	mg	0.010									Calculated or imputed		02/2009
Selenium, Se	μg	4.1									Calculated or imputed		12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	0.9									Calculated or imputed		02/2009
Thiamin	mg	0.040									Calculated or imputed		02/2009
Riboflavin	mg	0.240									Calculated from nutrient label by NDL		02/2009
Niacin	mg	0.070									Calculated or imputed		02/2009

Nutrient	Unit	Value Per100 g	Data Points Std.	Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-6	mg	0.020									Calculated or imputed		02/2009
Folate, total	μg	11									Calculated or imputed		02/2009
Folic acid	μg	0									Assumed zero		01/2003
Folate, food	μg	11									Calculated or imputed		02/2009
Folate, DFE	μg	11									Calculated or imputed		02/2009
Choline, total	mg	19.2									Calculated or imputed		02/2009
Vitamin B-12	μg	0.30									Calculated or imputed		02/2009
Vitamin B-12, added	μg	0.00									Assumed zero		09/2004
Vitamin A, RAE	μg	119									Calculated or imputed		02/2009
Retinol	μg	117									Calculated or imputed	01056	01/2003
Carotene, beta	μg	27									Calculated or imputed	01056	01/2003
Carotene, alpha	μg	0									Assumed zero		01/2003
Cryptoxanthin, beta	μg	0									Assumed zero		01/2003
Vitamin A, IU	IU	436									Calculated or imputed		02/2009
Lycopene	μg	0									Assumed zero		01/2003
Lutein + zeaxanthin	μg	0									Assumed zero		01/2003
Vitamin E (alpha-tocopherol)	mg	0.40									Calculated or imputed	01056	01/2003
Vitamin E, added	mg	0.00									Assumed zero		09/2004

Nutrient	Unit	Value Per100 g	Data Points Std. E	rror	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D (D2 + D3)	μg	0.3									Analytical or derived from analytical		02/2009
Vitamin D3 (cholecalciferol)	μg	0.3									Calculated or imputed	01211	02/2009
Vitamin D	IU	10									Calculated or imputed	01211	02/2009
Vitamin K (phylloquinone)	μg	0.7									Calculated or imputed	01056	01/2003
Lipids													
Fatty acids, total saturated	g	8.700									Calculated or imputed		02/2009
4:0	g	0.460									Calculated or imputed		02/2009
6:0	g	0.270									Calculated or imputed		02/2009
8:0	g	0.150									Calculated or imputed		02/2009
10:0	g	0.360									Calculated or imputed		02/2009
12:0	g	0.400									Calculated or imputed		02/2009
14:0	g	1.410									Calculated or imputed		02/2009
16:0	g	3.690									Calculated or imputed		02/2009
18:0	g	1.700									Calculated or imputed		02/2009
Fatty acids, total monounsaturated	g	4.100									Calculated or imputed		02/2009
16:1 undifferentiated	g	0.310									Calculated or imputed		02/2009
18:1 undifferentiated	g	3.530									Calculated or imputed		02/2009
20:1	g	0.000									Calculated or imputed		02/2009
22:1 undifferentiated	g	0.000									Calculated or imputed		02/2009

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Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total polyunsaturated	g	0.500									Calculated or imputed		02/2009
18:2 undifferentiated	g	0.310									Calculated or imputed		02/2009
18:3 undifferentiated	g	0.200									Calculated or imputed		02/2009
18:4	g	0.000									Calculated or imputed		02/2009
20:4 undifferentiated	g	0.000									Calculated or imputed		02/2009
20:5 n-3 (EPA)	g	0.000									Calculated or imputed		02/2009
22:5 n-3 (DPA)	g	0.000									Calculated or imputed		02/2009
22:6 n-3 (DHA)	g	0.000									Calculated or imputed		02/2009
Cholesterol	mg	35									Calculated from nutrient label by NDL		02/2009
Other													
Alcohol, ethyl	g	0.0									Assumed zero		02/2009
Caffeine	mg	0									Assumed zero		01/2003
Theobromine	mg	0									Assumed zero		01/2003